Website Links

Here are some additional sites that you may find interesting to help you with you with your learning.

1. 'Hit the Button' - an interactive times tables game that can be played on any device. https://www.topmarks.co.uk/maths-games/hit-the-button

2. Number Jacks - times tables songs

3 x https://www.youtube.com/watch?v=10PTfVcoC04

4 x https://www.youtube.com/watch?v=4SXctAyxZf0&list=PLrTngQO7F7GNuyTsNgf8ZrGaofmujfsFl&index=3

3. Video about Australian States and Territories https://www.youtube.com/watch?v=HN3F 4zpX3w

4. Interactive States and Territories Quiz https://lizardpoint.com/geography/australia-quiz.php

5. Taronga Zoo virtual zoo lessons - parents will need to register but they are free and students can meet different animals and learn about them

https://taronga.org.au/education/digital-programs-online-resources/virtual-zoo-lessons

6. BTN - Behind The News. Students can watch any episode of BTN

https://www.abc.net.au/btn/classroom/

7. Australian Landmarks quiz—Geography

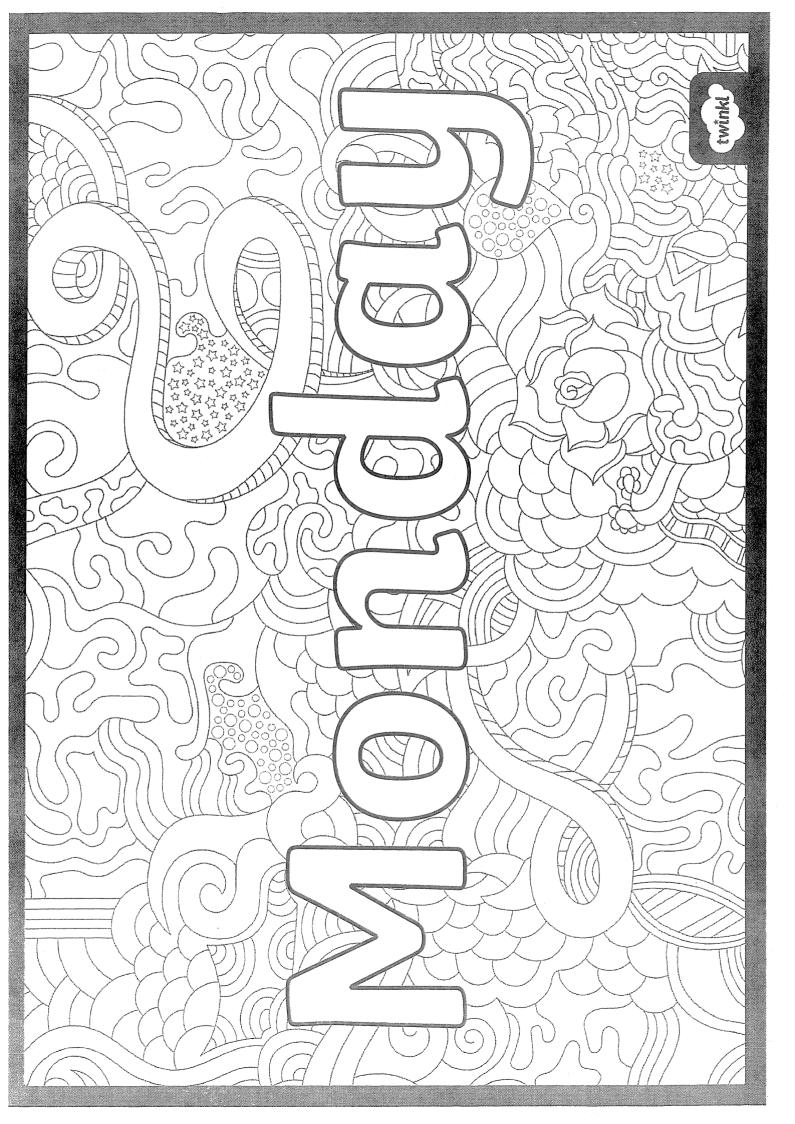
https://play.howstuffworks.com/quiz/can-you-identify-these-australian-landmarks-learn

8. PDHPE—Just Dance videos

https://www.youtube.com/watch?v=Jf dEcgeJWo

https://www.youtube.com/watch?v=f3XyYOLfTU4

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Spelling: Write out your words on the Look/ Cover/ Write/Check sheet.	Spelling: Write out your words on the Look/ Cover/ Write/Check sheet.	Spelling: Write out your words on the Look/ Cover/ Write/Check sheet.	Spelling: Write out your words on the Look/ Cover/ Write/Check sheet.	Reading: Log onto Reading eggs for 20 minutes or read a book at home for 20 minutes.
	Complete activities 1 & 2.	Complete activities 3 & 4.	Complete activities 5,6 & 7.	Complete activities 8, 9 & 10.	Comprehension: Holiday Diary
	Writing: Complete the task 'The Future'. Reading: Log onto Reading eggs for 20 minutes or read a book at home for 20 minutes.	Grammar: Plural Nouns, Use 'a' or 'an' & Proper nouns. Reading: Log onto Reading eggs for 20 minutes or read a book at home for 20 minutes	Editing: Capitals and full stops. Questions and exclamation marks Reading: Log onto Reading eggs for 20 minutes or read a book at home for 20 minutes	Writing: Complete task 'Your opinion'. Reading: Log onto Reading eggs for 20 minutes or read a book at home for 20 minutes	Puzzles: Spot the changes & Word Puzzles.
Break					
Middle	Maths Mentals: Questions 1-20	Maths Mentals: Questions 1-15	Maths Mentals: Questions 1-15	Maths Mentals: Questions 1-12	Maths Mentals: What's your
	2x Tables Colour by numbers.	5x Tables Colour by numbers.	10x Tables Colour by numbers.	& Space.	answer & Problem of the week.
250	(Write the answer if you don't	(Write the answer if you don't	(Write the answer if you don't	2x Tables Colour by numbers.	3x Tables Colour by numbers.
	have coloured pencils)	have coloured pencils)	have coloured pencils)	(Write the answer if you don't	(Write the answer if you don't
	Activity: Subtraction Patterns	Activity: Metres p.15	Activity: Counting in 4's p.26	have coloured pencils)	have coloured pencils)
	p.12	Fractions as part of a whole p.20	Number Facts 2x, 4x, 5x, 10x p.27	Activity: Certain, Likely, Unlikely, Impossible p.42	Option: Log onto Mathletics Health: Our Physical Wellbeing
	2 Digit Subtraction p.13 Option: Log onto Mathletics	Option: Log onto Mathletics	Option: Log onto Mathletics	Chance Outcomes p.43 <i>Option:</i> Log onto Mathletics	What's on a Healthy plate ?
Break					
Afternoon	Science: Objects and their	Handwriting: Pages 24 & 25	Geography: Australia's Places.	Art: Tiddalick	PE: Options
	Movement. Movement of things			Learn to draw Tiddalick using the instructions provided	Yoga Poses. Hold each pose for 4 seconds and repeat 3 times.
	Sorting Activity.			You can finish the mirror image or draw a complete Tiddalick on the paper provided	Just Dance: See Madang Web page Go for a 30 minute walk.



lame:_____

Know Your Words

Monday	Tuesday	Wednesday	Thursday	Friday
		·		

Phonics Basi hare two mare map spare free stare able scare coul	house always drop ld bush	cy even circle enjoy ladder cannot	Difficult comb fiction energy complete daughter	My Words
	Spelling rule Most words are made plural by adding 's'. For example: house houses		- 	e words plural. f spare g comb h map i ladder j circle
2 Unjumble thea mearb alebc satre	list words.	d hseor e alaysw f cclire		
that are missing fr	ipes, write the list wo om the sentences. three bedrooms.	Tuesday ords		
b Kelly can ride a c Katie should d Can you climb a e There are two is	the movie.			
a A sircle is a roll b Cood I please I c The bus ride wa	nave a piece of fruit?			CERON BIS LINESCENTY ENTINES E

Word meanings 5 Solve the crossword puzzle. Across Down Costs nothing 1 A place you live in 5 To take pleasure in 2 A four-legged animal 3 To happen all the time 6 Write these words in alphabetical order. map, even, bush drop, enjoy, could bush, free, two Secret code **7** Use the code to find these words. 26 25 24 23 22 21 20 19 18 a 22, 5, 22, 13 M Ν 0 R b 26, 25, 15, 22 17 | 16 | 15 | 14 | 13 | 12 | 11 | 10 | c 24, 12, 6, 15, 23 W Χ d 26, 15, 4, 26, 2, 8 6 5 4 3 e 24, 26, 13, 13, 12, 7 **8** Choose any list word and write it using the secret code.

Grammar - Using the correct word

- **9** Shade the correct word in each sentence.
- a Dad put to two ladders on the truck.
- b We hope to two enjoy our first horse riding lesson.
- c The to two cups were left on the coffee table.
- d It is very rude to two stare at people.

Punctuation

10 A statement ends with a full stop.

Shade bubbles to show where the missing full stop should go.

a The paint brush is in the red tin

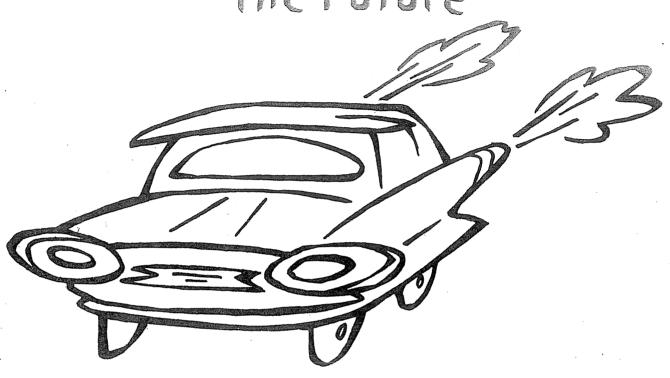


b The house was near the bush





Writers' Card 6 The Future



Nobody really knows what the future will be. Make some predictions about what you think the world will be like in fifty years' time. Illustrate your ideas and then write about them. Here are some topics to get you thinking:

Vehicles

Cities

Classrooms

Skyscrapers

Clothing

Apartments

Computers

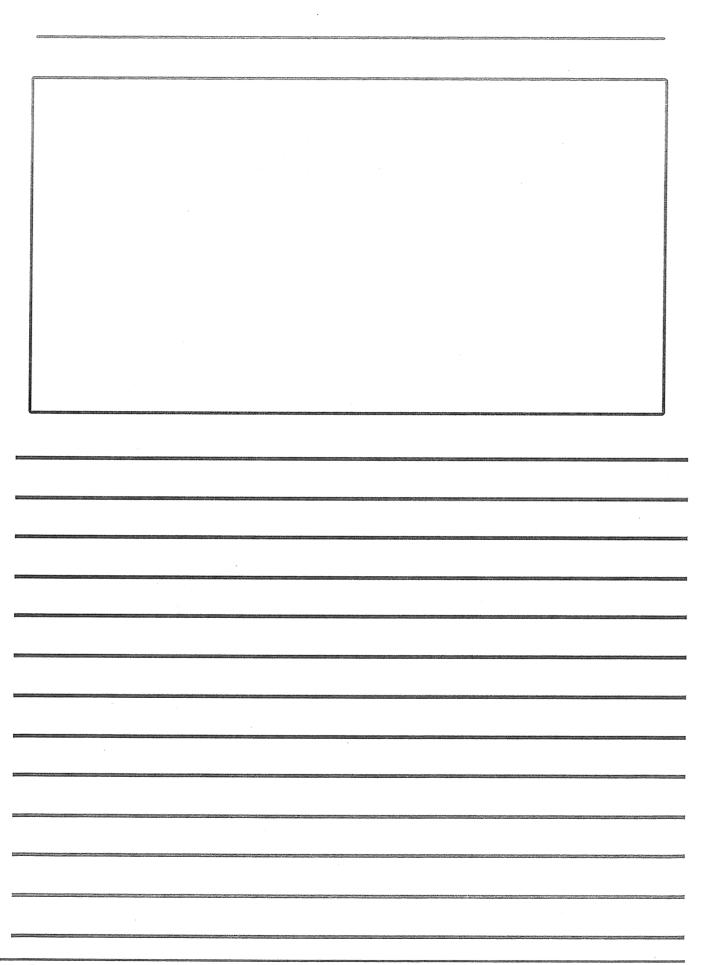
Houses

Trading cards

Stores

Skateboards

Sports





· · · · · · · · · · · · · · · · · · ·		
	-	

100	4 ×	2	-	Name of the second seco
-----	-----	---	---	--

 $109 \div 3 =$

 $88 \div 2 =$

 $9 10 \div 5 =$

$$16\ 2 \times 6 =$$

- 2 half of 6 =
- 3 half of 18 =
- 4 half of 12 =
- 5 quarter of 8 =
- 6 quarter of 16 =
- 7 quarter of 20 =
- 8 quarter of 4 =

- 9 half of 14 apples =
- 10 half of 20 books =
- 11 half of 2 pizzas =
- 12 half of 8 ice-creams =
- 13 guarter of 12 cakes =
- 14 quarter of 40 pencils =
- 15 quarter of 24 dogs =



Score

- day before Wednesday _______ 13 month before December _____
- day after Monday ______ 14 days in June _____
- months in I year ______ 15 days in January _____
- 6 first month of year

- days in I week _____ 9 last month of year _____
- days in one fortnight _____ 10 month after February _____
- 3 day after Sunday _____ | | month before July ____
- 4 day before Friday _______ 12 month after March _____

Score

Strategy Making tens

$$8 + 2 = 10$$

 $6 + 4 = 10$

$$18 + 2 = 20$$

$$26 + 4 = 30$$

$$17 + 3 =$$

$$6 \quad 34 + 6 =$$

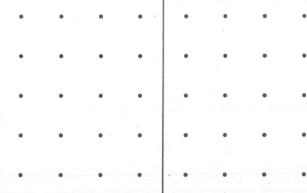
Score

Space

Top view

• • • • •

Front view Side view



What's your answer?

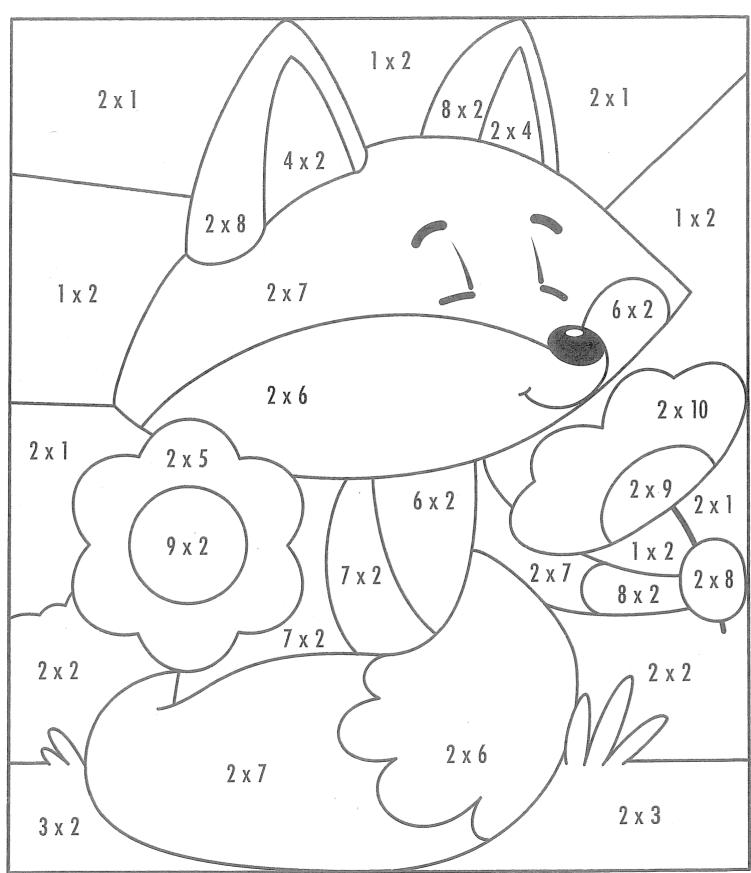
You must measure the height of a painting but you don't have a ruler or a measuring tape. How will you do it?



Problem of the week

A plane has 2 pilots, 3 stewards, 28 people sitting in window seats and 45 people sitting in other seats. How many people are on the full plane?

2 Times Table



Colour Key

Blue 2 Dark green 4 Light green 6
Pink 8

Purple 10 White 12

Orange **14**Brown **16**

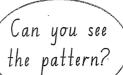
Yellow 18 Red 20

Subtraction patterns.



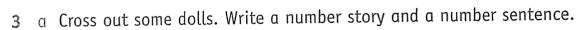
$$1 (a 9-4 = 5$$

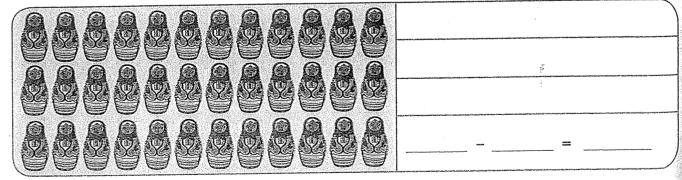
5 - 2



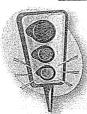


2 One addition fact tells us 4 things.





Write the 3 other number facts.



Challenge Zac had 14 marbles. He gave 2 away and had 16 left.

What is wrong with Zac's story?

How ma	ny did	Zac	give	away	if	he	had	2	left?	
--------	--------	-----	------	------	----	----	-----	---	-------	--

Two-digit subtraction *



I Use a number line.

eg
$$56 - 24 = 32$$



a 75 – 31 = ____

b 89 - 47 = ____

c 38 - 23 = ____

d 64 - 42 = ____

e 98 - 65 = _____

f 46 - 15 = ____

g 57 - 23 = _____

h 79 – 34 = ____

2 a 48 - 21 = 48 - 21 = b 66 - 36 = = 3.6

e. 57 - 14 = f 83 - 70 = $\frac{8.5}{-7.0}$



3 Jo had 38 baby mice. She sold 15. How many did she have left? _____

4 Ali picked 49 apples. He gave 23 to his friend. How many did he keep? _____

maiolkomietakok

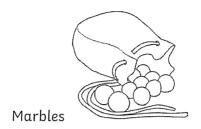
Look at page 10. If you had \$3, what toys would you buy?

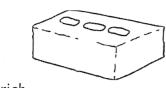
How much change would you get?

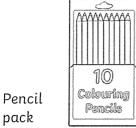


Objects and Their Movement

What would be best for rolling? Circle one.



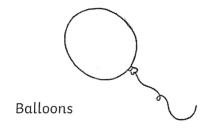


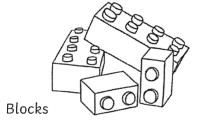


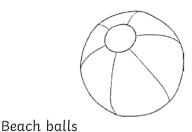
Brick

Why is that the best choice?

What would be best for stacking? Circle one.







Why is that the best choice?

What would be best for bouncing? Circle one.



Book



Beanbag



Why is that the best choice?





Movement of Things Sorting Activity

(H/H)	football		dice		bouncy ball
	blocks	The state of the s	ruler		paint brush
	lunch box		tennis ball		bean bag
Ê	drink bottle		glue stick		golf ball
	eraser		pencil		paper
6	marble	Pirate Pete	book		hoop
200000 200000 200000 200000 200000	calculator		me	MORNING NEWS SOLAR ECLIPSE	newspaper
	icy pole stick		paperclip		table
	chair		bookshelf		tissue
	paper towel		counter	per	ncil sharpener





Movement of Things

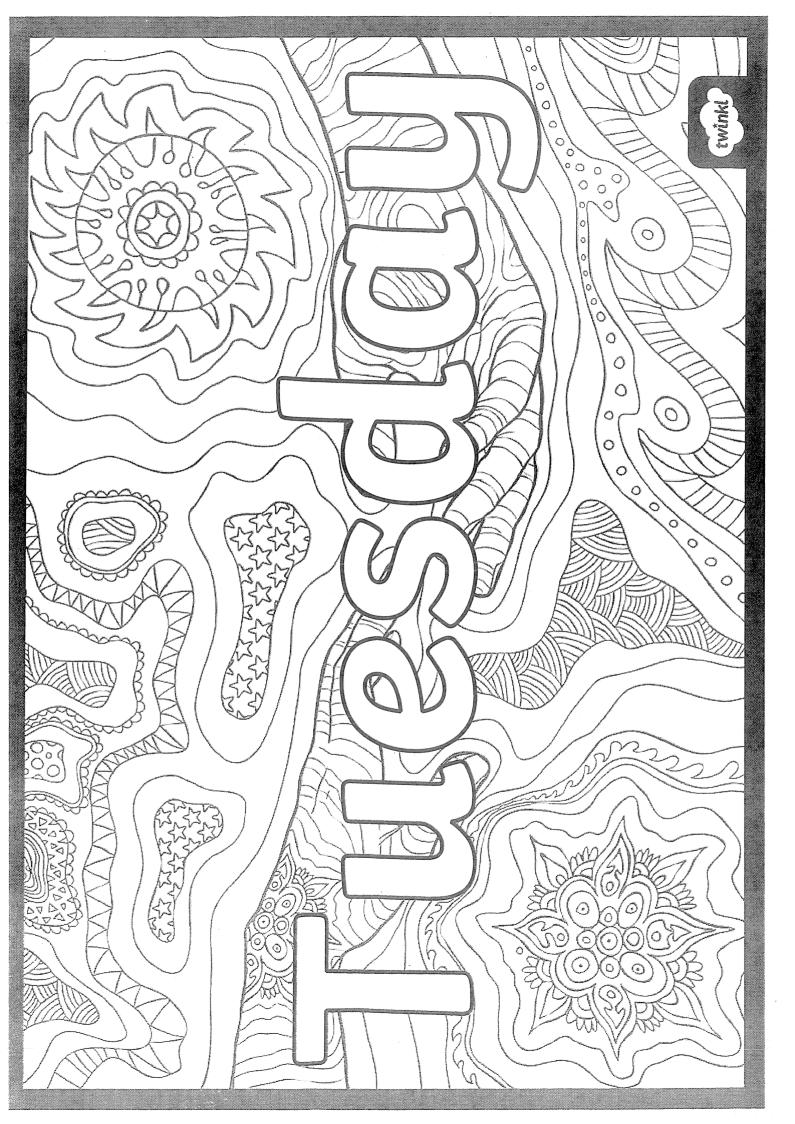
Sorting Activity

Cut out the boxes and then sort them under the roll, bounce or slide heading. Some of them might fit under more than one heading.

Roll	Bounce	Slide
		,







Plural Nouns



with the same of t	Loc	ok at the pi	ctures to help you	u write the missing words.
a.	one	chair 💮	two	
Ь.	one	pen	five	
С.	one	bow I	three	一思思思
d.	one	cake	six	
e.	one	dog	four	

- 2. Add "s" to the words in brackets to mean more than one. Write the new word on the line beside it.
- a. Alex and Zac are (twin) ______.
- b. Dad locked his (key) ____ in the car.
- c. Farmer Joe milks the (cow) ______
- d. Mika left her (toy) _____ all over the floor.

Using "a" or "an"



an" is used in front of words that begin with a vowels ∛a, e, i, o, u). Example: an elbow, an igloo, an apple

"a" is used before words that begin with all letters of the alphabet except the vowels.

Example: a girl, a cat, a ball

I	Write	" "	or	"an"	in	front	of	those	words
ł.,	A A 1 11 G	U	Ur	UII	171	11 0711	UI	111626	WUTUS











umbrella



- 2. Circle the correct word "a" or "an".
- Tom can ride (a, an) bicycle.
- Dylan is holding (a, an) arrow. a
- c. Sally is picking (a, an) flower.









Grammar

Proper Nouns

Proper nouns are the names of people, places and things.
They always begin with a capital letter. Days of the week,
months of the year and addresses are also proper nouns.
Example: March, Pitt Street, Mrs Vera Tam, Sydney Harbour Bridge

1. Complete the following.
a. My name is
b. My birthday is on
c. My Mum's name is
d. My Dad's name is
f. My teacher's name is
g. I live at
2. Write the days of the week in the correct order below. Friday
Saturday
Tuesday {
Wednesday
Monday
Sunday Today is
Thursday

5 Times Table

Colour By Number

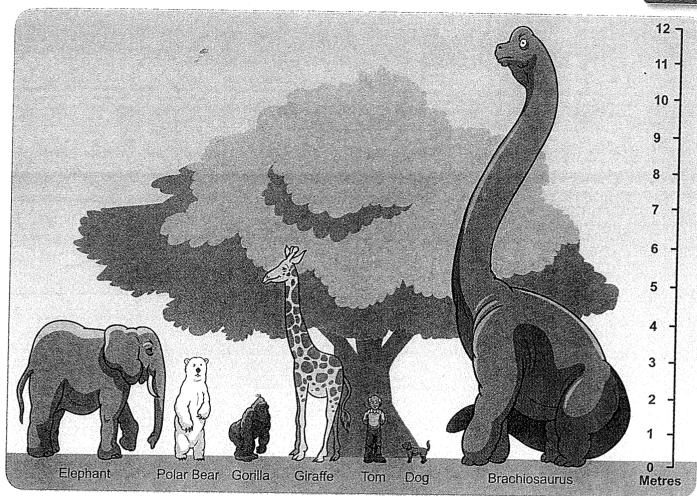
Name:



W Lab 3)

Metres





Mentrical	Which animal is the tallest?
	Which animal is the shortest?
	How tall is the giraffe?
4	How tall is the elephant?
5	How much taller is the polar bear than Tom?
	How much shorter is the gorilla than the elephant?
7	If Tom stood on the elephant's back how high would he be?
8	Are all dogs the same height?
9	Name a tall dog and a short dog
	Write the animals in order from shortest to tallest.

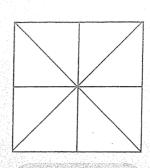


Fractions as part of a whole

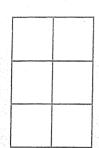


Colour part of each shape to match the fraction.

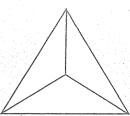
Ċ



I out of 8 one eighth



I out of 6 one sixth

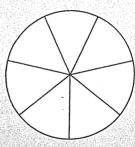


I out of 3 one third



l out of 10 one tenth

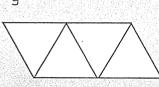
е



I out of seven one

I out of two one

g



I out of four one

h

I out of five one

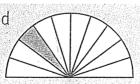
Write the fraction for the part coloured.

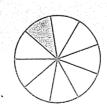
α



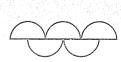


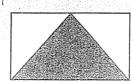










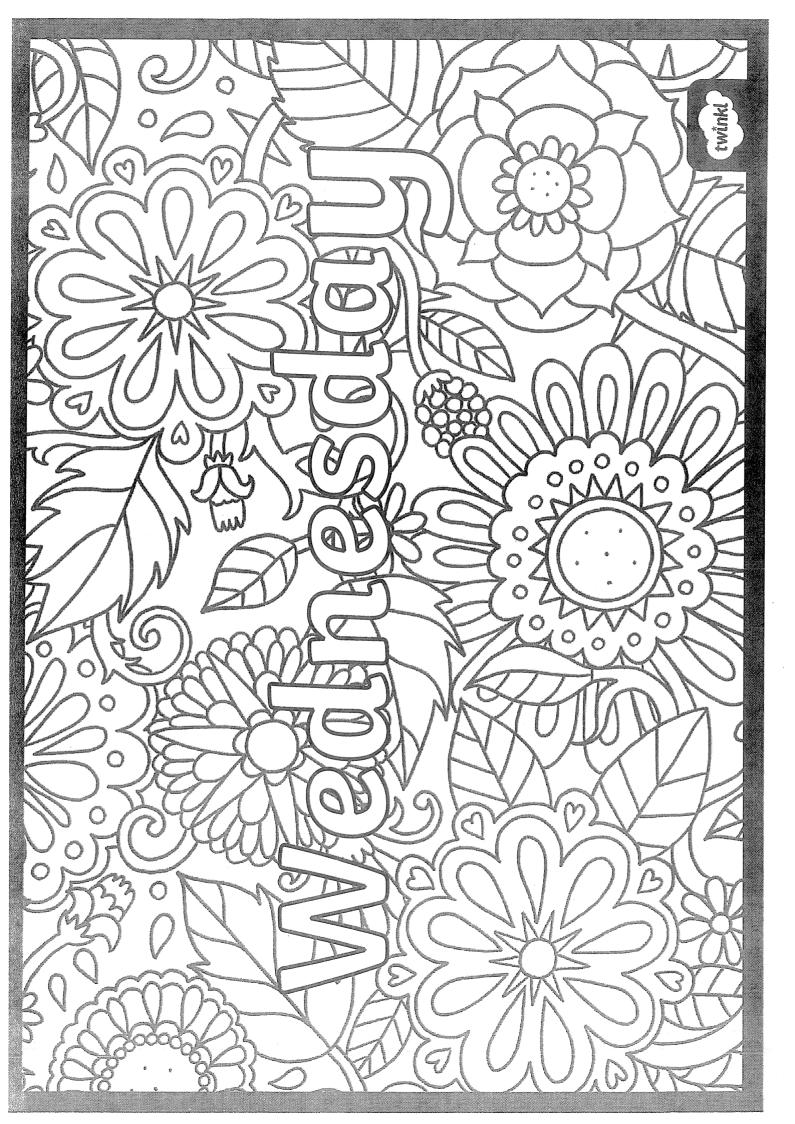


Draw lines to make equal parts. Colour and name a fraction you like.









Capitals and Full Stops

A sentence must have a capital letter at the beginning and a full stop at the end. For example: We did not go to school on Friday.

_				
desired.	Put	a 🗸 in the box if you think it is a pro	per senten	ce.
	(a)	i play cricket with my friends.		OC 2
	(b)	We had pizza and chips for dinner.		CHIES!
	(c)	the holidays begin next week.		
	(d)	Fish live in water.		
2.		vrite these sentences. in capital letters and full stops.		
	(a)	there is a big spider		
	(b)	i like chocolate cake		
3.		vrite these sentences. in the capitals and full stops.		
	my	sister got a bike for her birthday she	can ride i	t by herself

Teach Editing

Prim-Ed Publishing



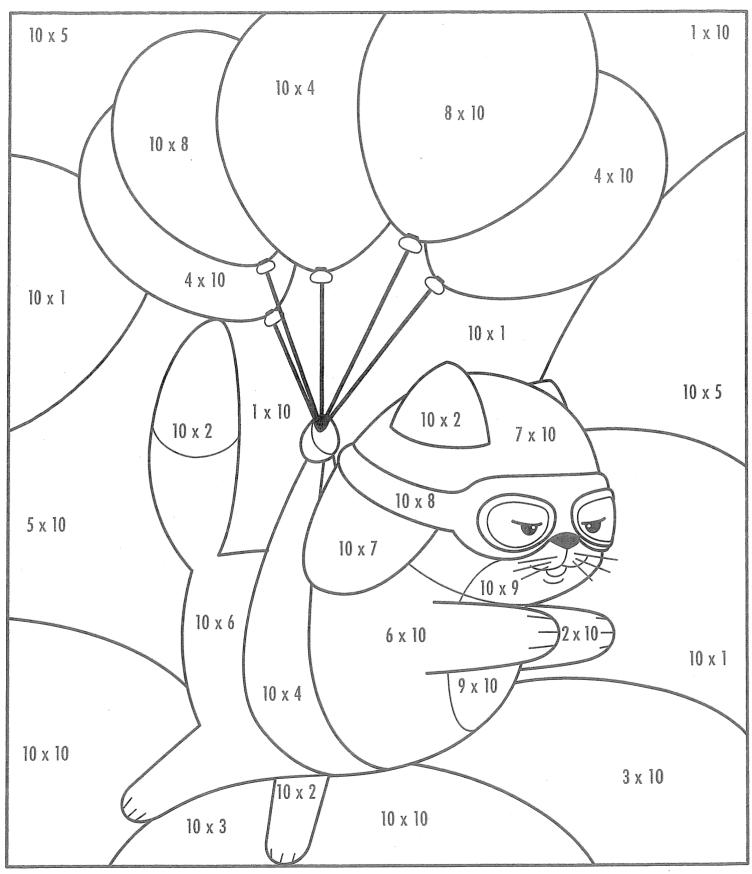
	A ser For e	ntence ends w example: Are y	ith a ques ou going	tion to th	mark (?) when it needs an answer. ne party?
decard o	Put	: in a questio	n mark o	ra f	ull stop.
	(a)	Is it raining		(b)	The frog has jumped away
	(c)	Who is it		(d)	How old are you
	A sen For e	ntence ends wi xample: Watcl	th an excl n out for th	amat	tion mark (!) when it needs to be said strongly.
2.	Pụt	in an exclam	iation ma	ark o	r a full stop.
	(a)	Watch out		(b)	What a mess
	(c)	Fire		(d)	The clock is ringing
3.	Writ	e a sentence	that nee	ds a	full stop.
		· · · · · · · · · · · · · · · · · · ·			
4.	Writ	e a sentence	that nee	ds a	question mark.
5.	Writ	e a sentence	that nee	ds a	n exclamation mark.
			*	5.	

Teach Editing

Prim-Ed Publishing

Colour By Number

10 Times Table



Colour Key

Light blue 10
Dark blue 50

Pink 20

Purple 60

Brown 70

Yellow 40

Red **80**

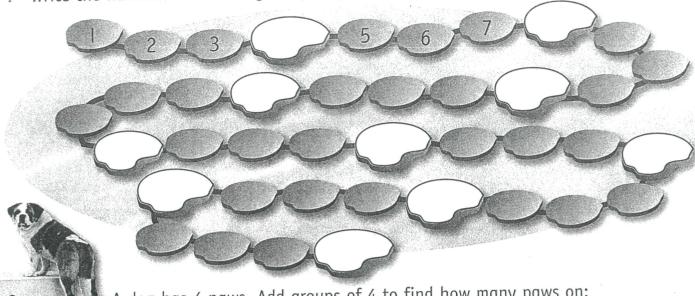
Dark green 30

White 90
Green 100

Counting in 4s



Write the number on each large stepping stone.



E						2000	allesiants.							
Α	dog	has	4	paws.	Add	groups	of a	4	to	find	how	many	paws	on:

$$a \mid doq \quad 4 \times 1 = \underline{\hspace{1cm}}$$

c 3 dogs
$$4 \times 3 =$$

e 5 dogs
$$4 \times 5 =$$

q 7 dogs
$$4 \times 7 =$$

f 6 dogs
$$4 \times 6 =$$

h 8 dogs
$$4 \times 8 =$$

j
$$10 \text{ dogs } 4 \times 10 =$$

k How many paws would no dogs have?
$$4 \times 0 =$$

3
$$a 4 \times 10 =$$
 $b 10 \times 4 =$ $c 4 \times 6 =$ $d 1 \times 4 =$ $e 4 \times 0 =$

$$f \ 0 \times 4 =$$
 $g \ 9 \times 4 =$ $h \ 4 \times 4 =$ $j \ 8 \times 4 =$

4 A butterfly has 4 spots on its wings. How many spots on 5 butterflies?



5 Each car has 4 wheels. How many wheels on 7 cars?



6 A ticket to a show costs \$4. What is the cost of 6 tickets?



7 Nine children get 4 lollies each. How many lollies altogether?



8 A teapot holds 4 cups of tea. How many cups of tea do 3 teapots hold?



9 A square has 4 corners. How many corners on 8 squares?



Numberfieds 2x, 42



Transport.	Count	backwards	in:

4s / from 28, ____, ___, ___, ___, ___, ____

 $0 \times 2 = 0$

/ from 20, ____, ___, ___, ___, ___, ____,

 $0 \times 4 = 0$ $0 \times 5 = 0$

from 30, ____, ___, ___, ___, ___,

 $0 \times 10 = 0$

d 10s / from 100, ____, ___, ___, ___, ___, ___

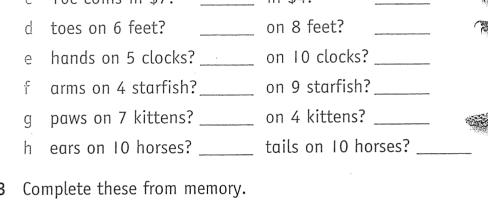
How many:

b

C

d

- legs on 8 chairs? _____ on 3 chairs? ____
- ____ on 5 owls? b eyes on 9 owls?
- in \$4? 10c coins in \$7?



а	X 3	0.	5	7	9	-6	- 8	2	4	10
	2									

X 6	. 3	8	10	5	7	9	1 4	0.
4							,	

× 0	5	9	6	2	10	47	7	3	8	and the control of th
5							-			

•	X. 7	5	1 8	4	10 0	6	2	9
	10				region en companya e de sente de sente I		7	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

Australia's Places

1 The Eastern States

Australia has six states and two mainland territories. Below we look at the states located on the east side of Australia.

Queensland

Queensland is Australia's second largest state.

Area: 1 730 648 km²
Population: 4 779 400*
Capital city: Brisbane

Highest point: Mount Bartle Frere (1622 m)

Interesting fact: Queensland was named in 1859 after

the Queen of England at the time, Queen Victoria.



QUEENSLAND



New South Wales

New South Wales is located between Queensland and Victoria.

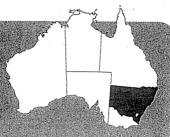
Area: 800 642 km²

Population: 7 618 200* Capital city: Sydney

Highest point: Mount Kosciuszko (2228 m)



NEW SOUTH WALES



Interesting fact: New South Wales has the largest population of all the states.

Victoria

Victoria occupies the south-east corner of the mainland.

It stretches north to the Murray River.

Area: 227 416 km²

Population: 5 938 100* Capital city: Melbourne

Highest point: Mount Bogong (1986 m)

Interesting fact: Victoria is the smallest mainland state, but has the second largest population of all the states.



VICTORIA

TASMANIA



Tasmania

Tasmania is an island 240 km south of Victoria. It is separated from the mainland by Bass Strait.

Area: 68 401 km²

Population: 516 600*
Capital city: Hobart

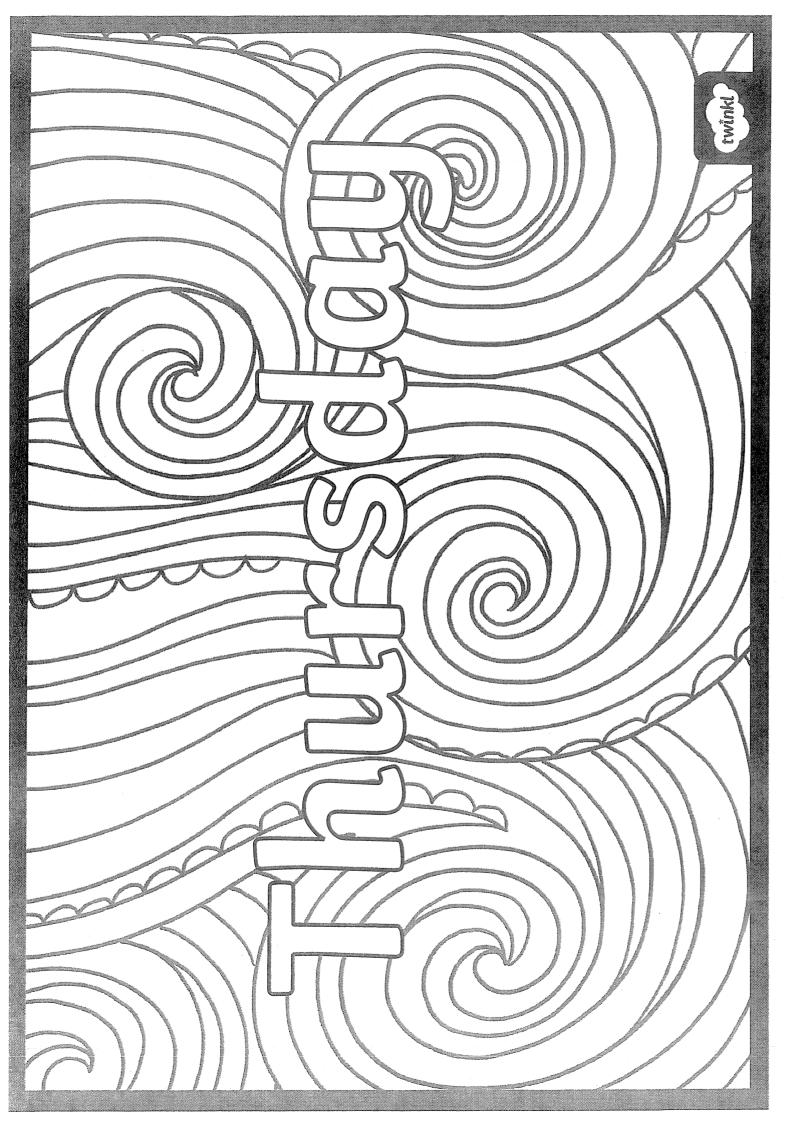
Highest point: Mount Ossa (1617 m)

Interesting fact: Tasmania is the only Australian state that is an island.



^{*} CIA Factbook 2015 estimates

How many states and territories are there in Australia? states territories a 2 Use the map above to complete the instructions. a Colour Queensland green. b Colour New South Wales blue. c Colour Victoria red. d Colour Tasmania yellow. Melbourne Hobart Sydney Brisbane 3 Use the names of the cities in the yellow box to label the capital cities of each state on the map above. 4 Which state has the largest population? 5 What is the highest point of New South Wales? Research time! Use the Internet to complete the following. Name two islands located in Bass Strait that are part of Tasmania. Fill in the missing letters of the island found off the coast of New South Wales.

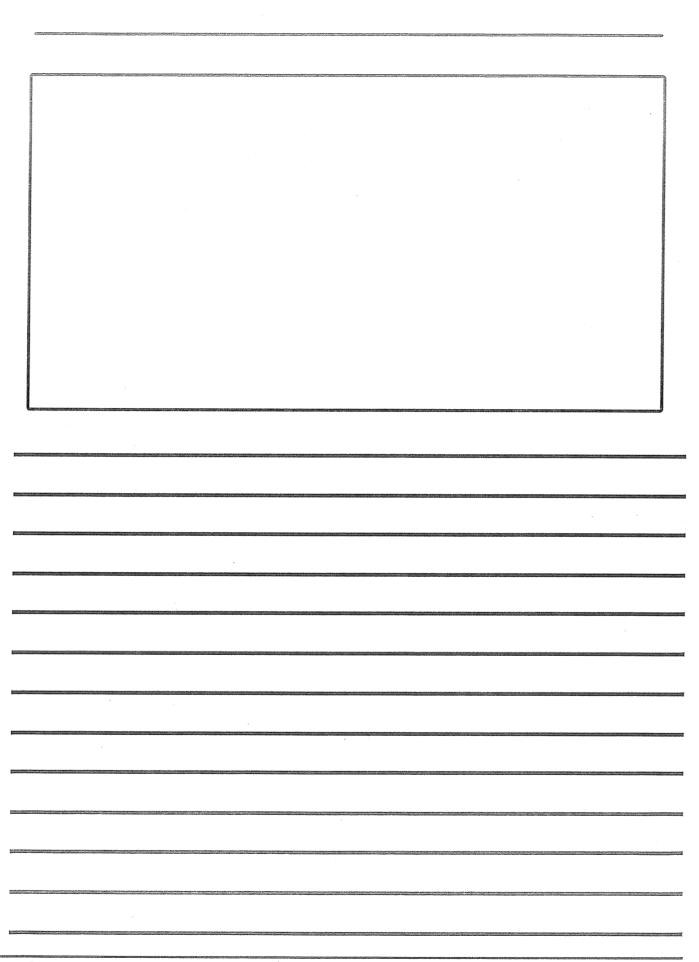


Writers' Card 9 Your Opinion

Choose one of the statements below or make up one of your own. Say if you agree or disagree with the statement and give reasons for your opinion.

- 1. Children should not have to do chores at home.
- 2. Homework should be banned.
- 3. Children should be able to choose whether or not to go to school.
- 4. It's cruel to ride horses.
- 5. Seat belts in cars shouldn't be compulsory.
- 6. All guns should be illegal.
- 7. Zoos are good places for animals.
- 8. Designer clothes are the best clothes.
- 9. All hospitals and health care should be free.
- 10. Commercials should not be allowed on television.

Ask if your friends or classmates agree or disagree with these ten statements and chart the results.





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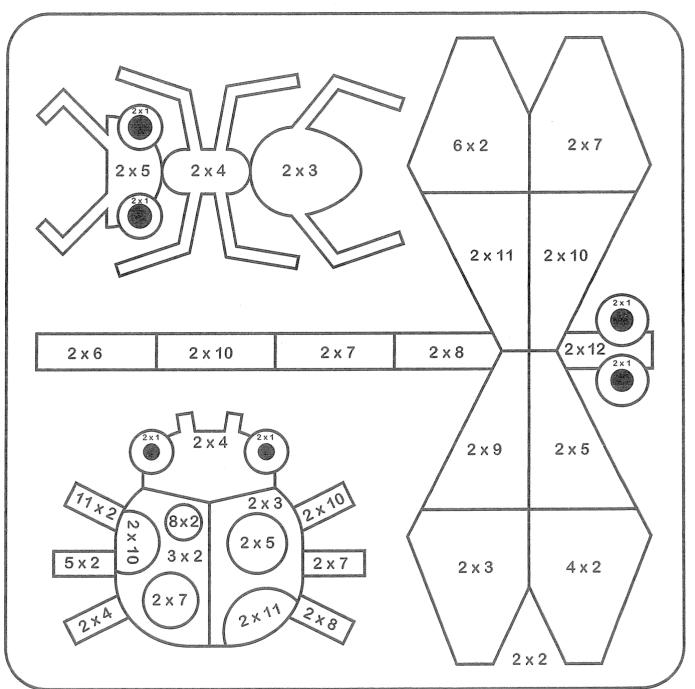
Name:	D	ate:	



2 x Colour Fun!



Find the answer to the multiplication number sentence and then colour that section the corresponding colour.



- 2 white
- 4 black
- 6 red
- 8 orange
- 10 yellow
- [12] dark green
- 14) dark blue
- 16 purple
- (18) pink
- 20 light blue
- 22 light green
- 24 brown



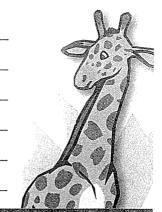




Certain, likely, unlikely, impossible



- Write certain, likely, unlikely or impossible.
 - a The sky will be green tomorrow.
 - b The sun will rise in the morning.
 - c I may not be able to go to the party.
 - d I will grow taller than a giraffe.
 - e It might rain tonight.
 - f We will have a holiday this year.

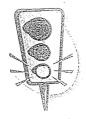


2	34 cm 2.5 mg/s	How can the picture change
ku	Why is this impossible?	to make it possible?
•		

Chance outcomes



Biotechica	A coin is tossed. What two ways can it fall?	a thing can happen are called outcomes.
	What colours show on traffic lights?	e son de la grande product, responsablementa per destructura con mende per una el
2		
	How many are there? How many possible outcomes are there?	
3	How many faces are on this die?	
	If you toss the die what are the possible outcomes?	
	How many possible outcomes are there?	
4	This basket contains two apples and two oranges.	
	Without looking, you pick out one piece of fruit.	
	What could it be?	
	How many possible outcomes are there?	
5	Write something where:	
	the outcome is certain.	
	the outcome is impossible.	
	the outcome is likely.	
	the outcome is unlikely.	

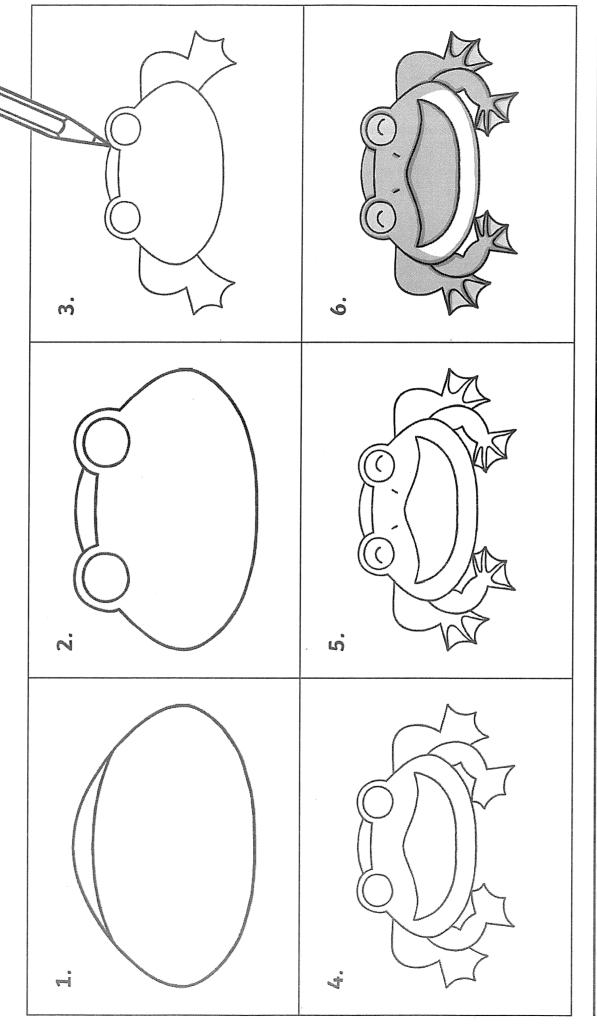


Work with a partner. Throw a die 10 times.

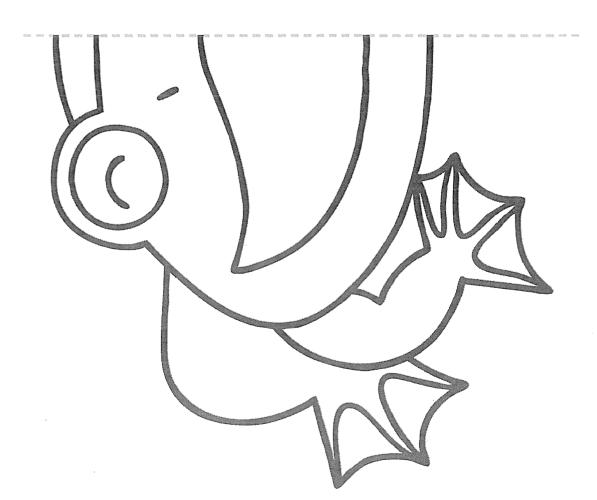
Record the outcomes. There are 6 possible outcomes.

Does each outcome occur the same number of times? Why or why not?

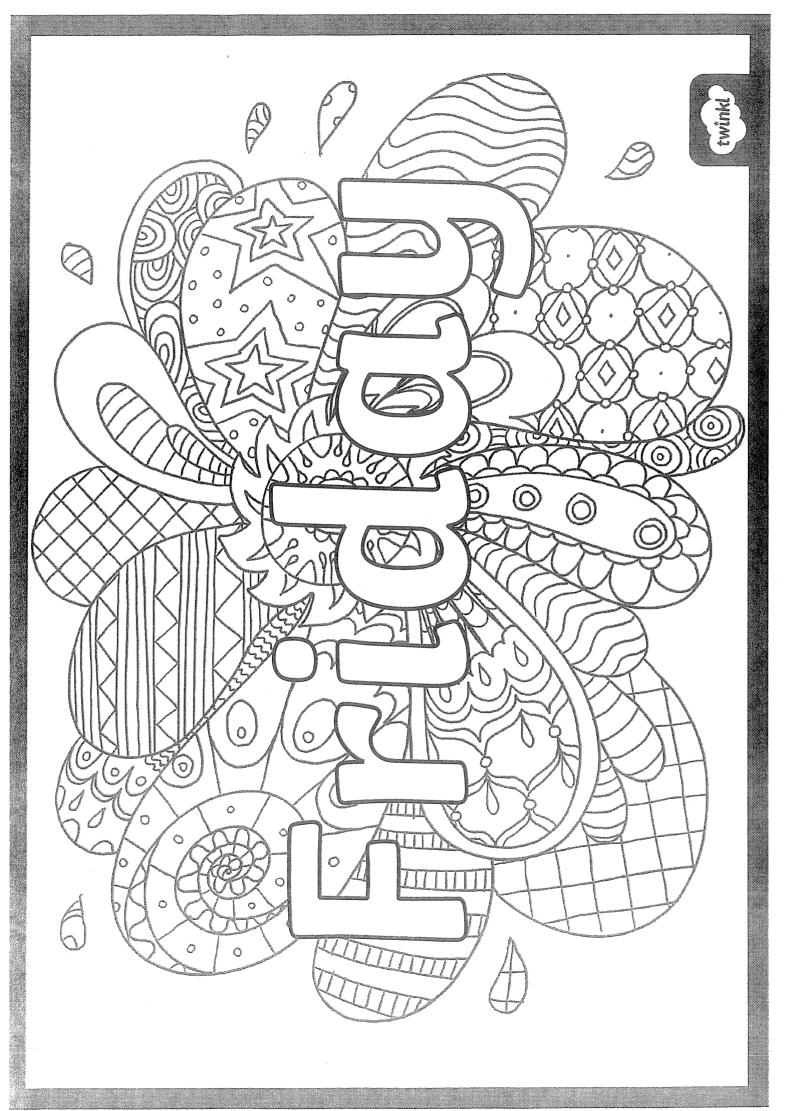
Learn to Draw Tiddalick

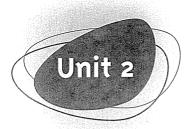












A holiday diary

Mitchell went to Broome for a holiday with his parents. His teacher asked him to keep a diary. Now Mitchell doesn't like writing, but he loves drawing. So he decided to keep a picture diary.



Mitchell's picture diary

Date	Morning	Afternoon
Sunday 24 March	- () - E= D	i Die
Monday 25 March	-0-5	
Tuesday 26 March	- O - B	
Wedinesday 27 March	- O - B	The state of the s
Thursday 28 March		
Friday 29 March		
Saturday 30 March	- D: Brim	EL ST.













Exploring rockpools 🔊 Playing cards : Sunny 🗀 Cloudy 🖇 Stormy







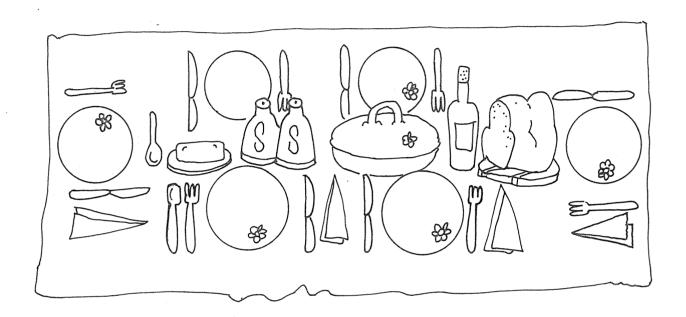


with your teacher. Now answer these questions. 1 What day did Mitchell arrive at Broome? 2 Did Mitchell travel to Broome by car bus plane 3 Which days were sunny all day? 4 Which morning did Mitchell go fishing? **5** What did Mitchell do while there was a thunderstorm? **6** How many times did Mitchell go cycling? _____ 7 What day did Mitchell leave Broome? _____ 8 What else did Mitchell do in the mornings other than surf and fish? 9 What sort of weather do you think Broome has in March? 10 Mitchell took his diary to school on the next Monday. What date was that? For the Quiz Kids The highest temperature at A long time ago Broome Broome while Mitchell was there was 38°C. was famous all over Is that very hot the world for the beautiful pearls the divers found. warm to hot cool to cold

Look at the key. Look at the picture diary. Discuss Mitchell's holiday

Spot the changes

Look carefully at the two pictures. In the second picture at least 15 changes have been made. Can you spot them all? Write your answers on a sheet of paper.





What's the opposite?

Place a word in the space at the end of each line that is opposite in meaning to the underlined word. There are rhymes to help you.

Alexandra Alexandra	A rock is heavy but a feather is
2	We play during the day but sleep at
3	My bicycle is new but Dad's is
4	The sun is hot but ice is
5	Silk is smooth but gravel is
6	Some meat is tender but some is
7	A minute is short but an hour is
8	A tiny-tot is weak but a giant is
9	A leopard is wild but a puppy is
10	These words are all different; none are the

Word Puzzles

ACTIVITY 18

Hidden words

How many words can you find hidden in these lines without altering the order of the letters?

- Largest range therein is often desired. American American
- Together early allows advances towards artistic 2 ideals.

Word-make

How many words can you make by using the letters in the grid? All the words must contain the letter E.

		O	2
			S
		Z	W
	n	C	p

Word Puzzles

ACTIVITY 20

Missing letters

All of these words have a set of double letters missing. Can you work out the letters and complete each word? The pictures will help you.

ball __ _ n 1



je ___ y



2 ch __ se



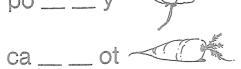




3 ru ___ er



8 ро ___ у



4 ra __ it



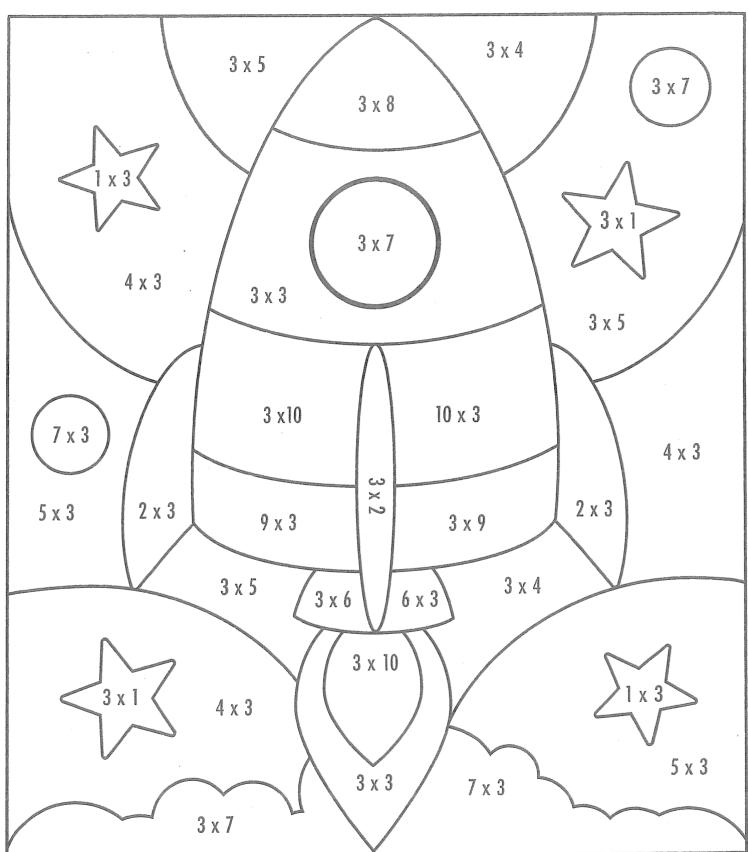
10 dre ____



5 bo __ _ le



3 Times Table



Colour Key

Dark Blue 15 Red 30

Light blue 12 grey 6 Pink 24

White 21

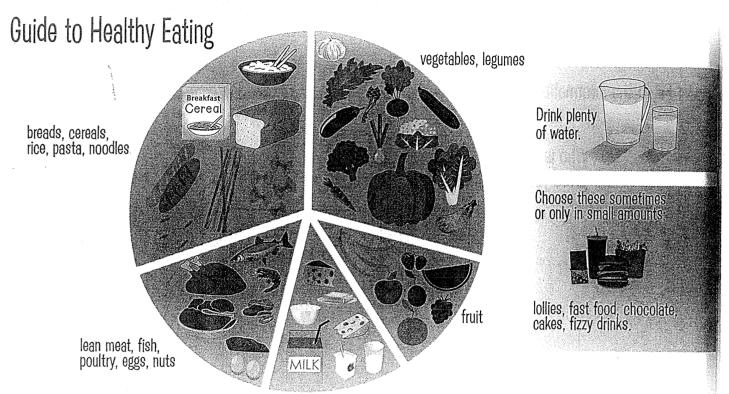
Orange 9 Black 18

Yellow 3 Green 27

Our Physical Wellbeing



We all make important choices about what we eat. Making healthy food choices can have an impact on our overall physical health and wellbeing.



milk, cheese, yoghurt

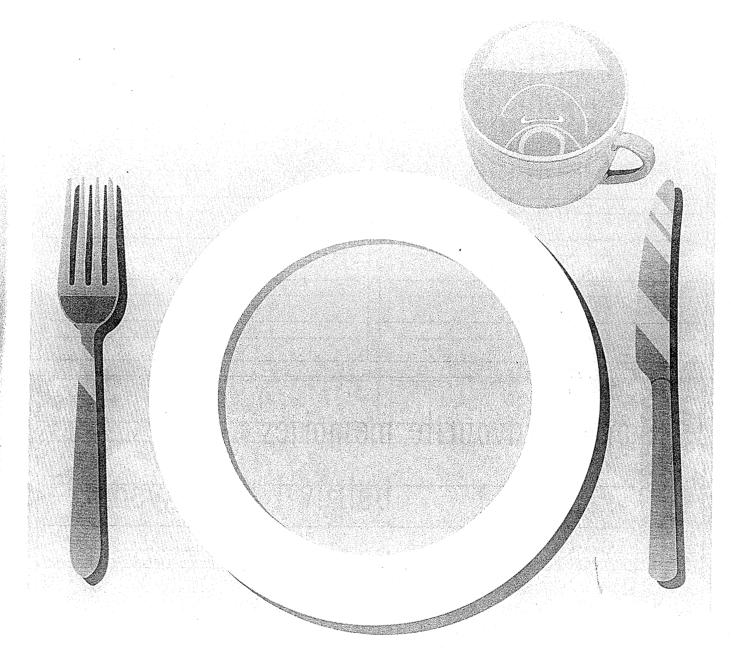
List in the table below what you have eaten today.

Breakfast	Recess	Lunch
Tick how much water you consu	med today.	
Look at the Guide to Healthy Eat	ing. Could you have made healthier	choices this week? How?

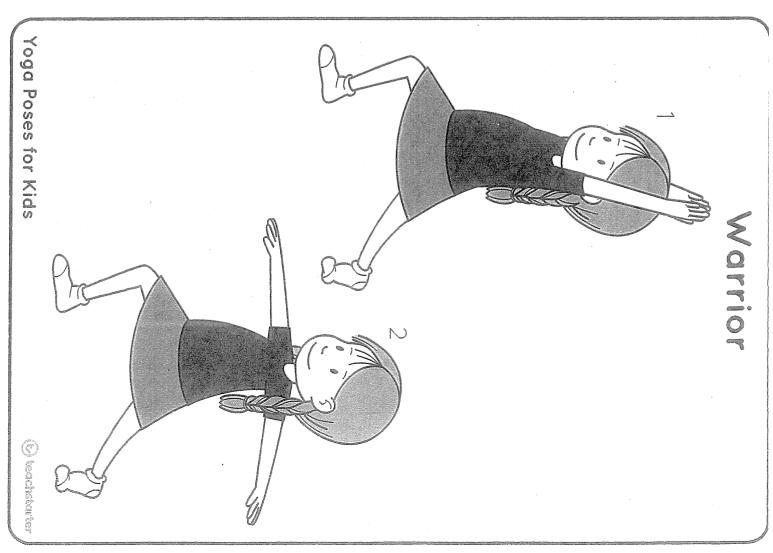
What's on a Healthy Plate?

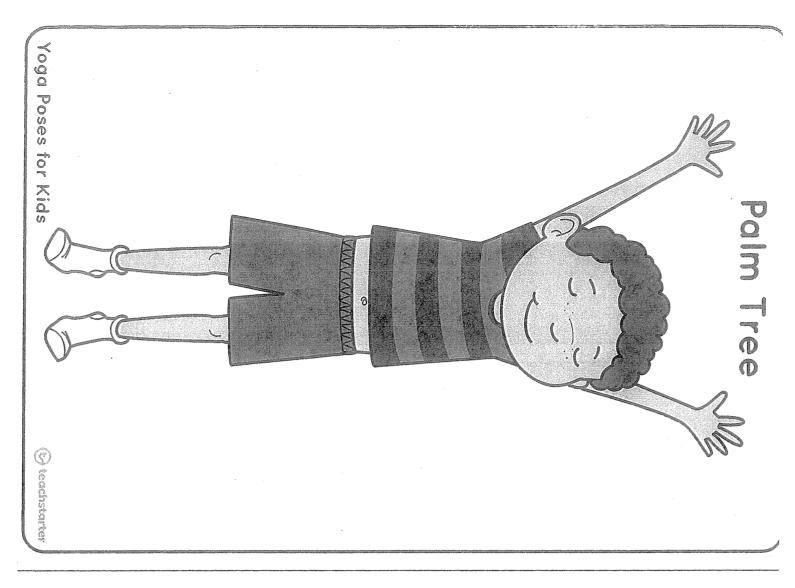


Use your own knowledge and the Guide to Healthy Eating to create a healthy meal on the plate below. It can be a meal for breakfast, lunch or dinner.

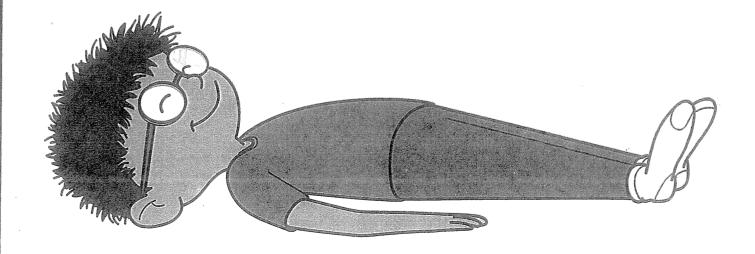


Describe your healthy meal choices below.



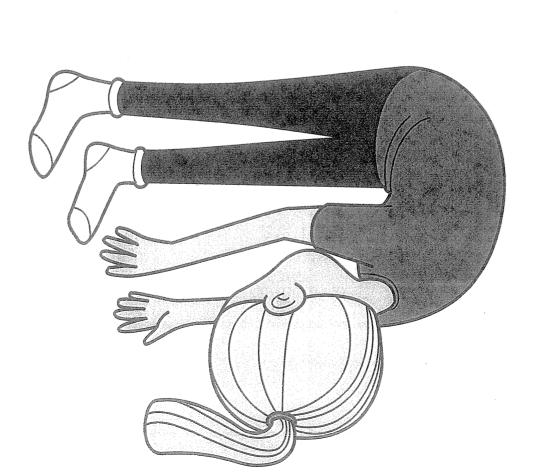


Relaxation



700

Ragdoll





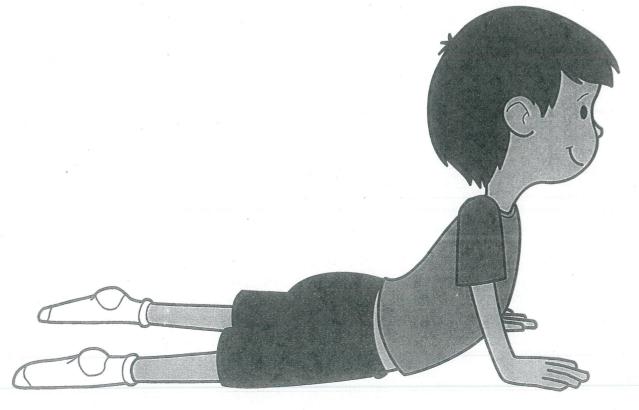
Down Dog



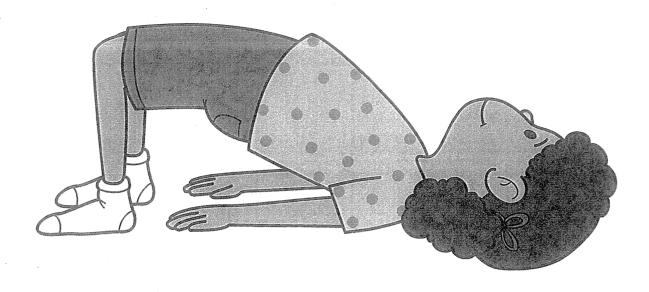
Yoga Poses for Kids

(C) teachstarter



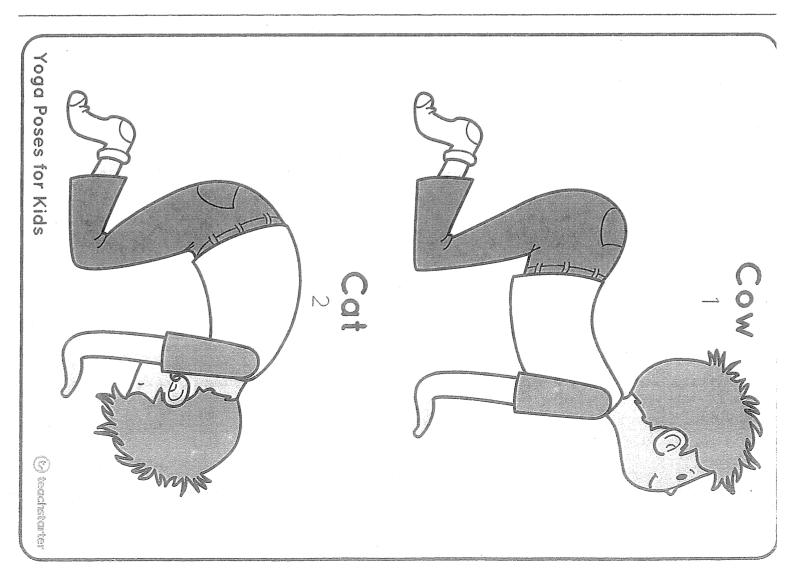


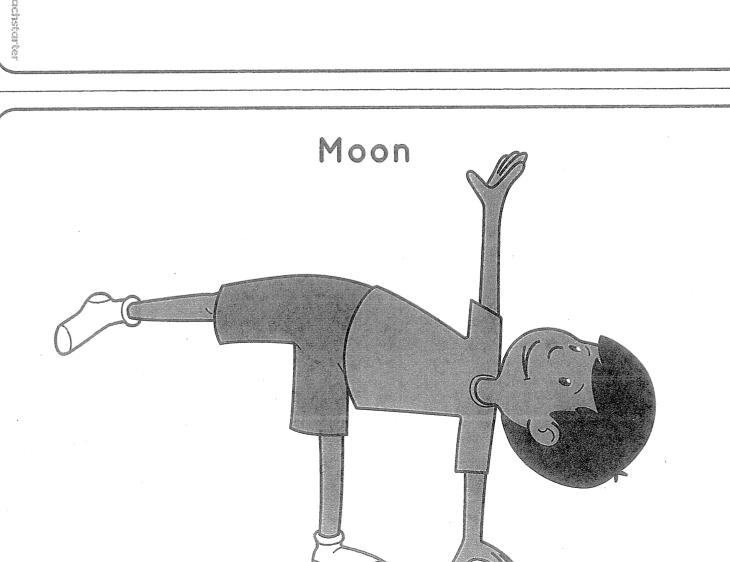
Bridge

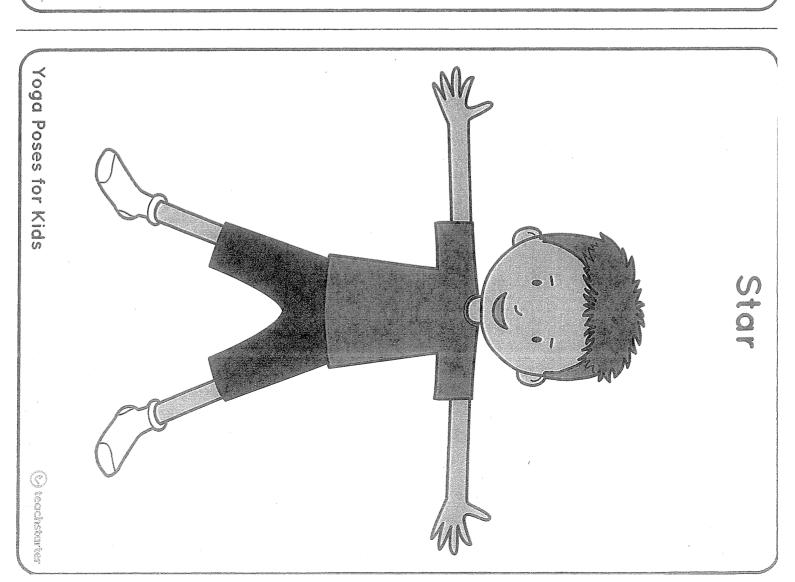


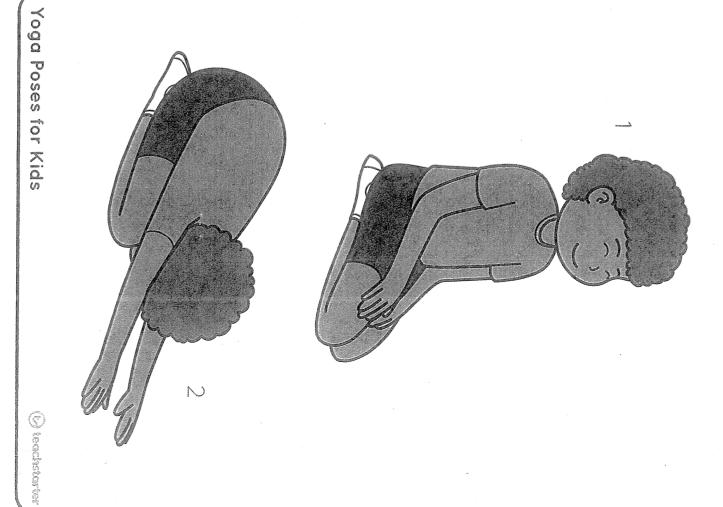
Yoga Poses for Kids

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Child's Pose